#### How Clinical Decision Support Can Be Used to Monitor and Improve Population Health

November 18, 2008

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> Theresa Cullen Indian Health Service

> > **Moderator:**

Teresa Zayas-Caban Agency for Healthcare Research and Quality





### The Primary Care Information Project Using Health Information Technology to Advance Community Health and Safety

Farzad Mostashari, MD, MSc New York City Department of Health and Mental Hygiene





### Public Health View of Medical Care

- Medical care and clinical preventive services increasingly important to population health
- Medical care not structured to deliver public health benefit, particularly in small practices
- Health care reform agenda has not sufficiently **focused** on improving quality of care for measures that matter





## On ABCs, USA Gets an "F"

- People at increased risk of CVD who are taking aspirin 33%
- People with hypertension who have adequately controlled blood pressure – 44%
- People with high cholesterol who have adequately controlled hyperlipidemia 25%
- Smokers who try to quit who receive medications to help – 20%

# Despite spending 1 out of every 6 dollars on health care





### What Is the Role of Government?

• Will health IT address priority public health issues?

• Will health IT adoption reach disadvantaged populations?





## **Primary Care Information Project**

- Mission
  - Increase the quality of care in medically underserved areas through health information technology (IT)
- Resources
  - NY City: \$30 million and 40 staff
  - Practice contributions: >\$15 million
  - NY State: \$11 million
  - Federal: \$5 million (AHRQ, CDC)
  - Private: Robin Hood Fund \$3 million, Wellpoint Foundation 500k, HIP/GHI 150k





ELECTRONIC HEALTH RECORDS oriented toward prevention

#### Health Care That Maximizes Health

CARE MANAGEMENT and practice workflows to support *prevention*  PAYMENT that rewards *disease prevention* and effective chronic disease management

\*Frieden TR, Mostashari F. JAMA. 2008 Feb 27;299(8):950-2.





## 2010 Goals

- Extend EHRs that support prevention to 2,500
   Medicaid PCPs, over 1.5 million patients
- ☑ Provide practices with clinical quality scorecards and practice redesign technical assistance
- Design and implement pay-for-performance incentive program that supports and recognizes preventive measures
- ☑ Support EHR-enabled PCPs in standardized health information exchange





## EHR Extension Approach

- Eligibility/ Commitment
  - Primary Care
  - Underserved populations (10% Medicaid, uninsured)
  - Quality Measure Reporting (summarized, confidential)
  - Financial Commitment
    - Hardware and Internet
    - \$4k per provider QI fund
- PCIP Package
  - Licenses to eClinicalWorks "TCNY" integrated EHR
  - On-site training, interfaces
  - 2 years software maintenance and support (\$1500/yr)





### Progress to Date (Nov '08)

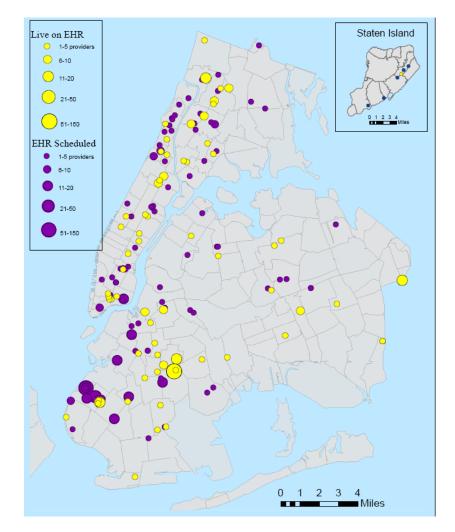
### Signed Agreements

- 208 small practices- 420 MDs
- 23 CHCs 405 MDs
- 4 Hospitals 567 MDs

#### • Live on EHR

- 138 practices
- 160 sites
- 843 providers

One new practice goes live on EHR ~every day







### 8 Key Features of the TCNY Build

5

#### **MEASURE REPORTS**

Side-by-side provider comparisons of performance on quality measures

#### **ENHANCED REGISTRY**

Identifies patients by structured data (e.g., diagnoses, drugs, labs, demographics)

#### AUTOMATIC VISUAL ALERTS

Highlights abnormal vitals

#### CDSS

Automatically displays preventive service alerts that are suppressed when addressed

#### **QUICK ORDERS**

One-click ordering of recommended preventive services

#### **COMPREHENSIVE ORDER SETS**

Displays best practice recommendations (e.g., for meds, labs, patient education)

#### eMedNY



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With patient consent, displays 90-day history of all Rxs filled by Medicaid patients

#### **CIR and School Health**



Sends information to City Immunization Registry and generates school health forms

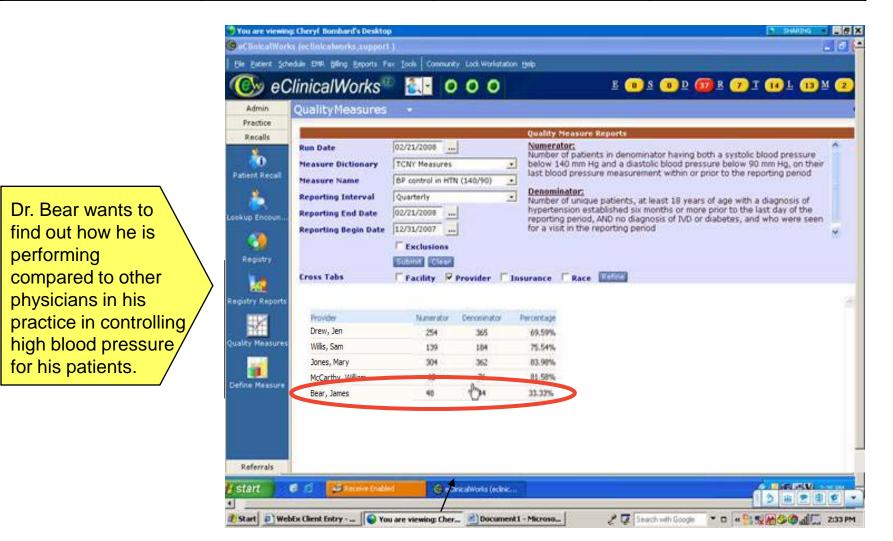


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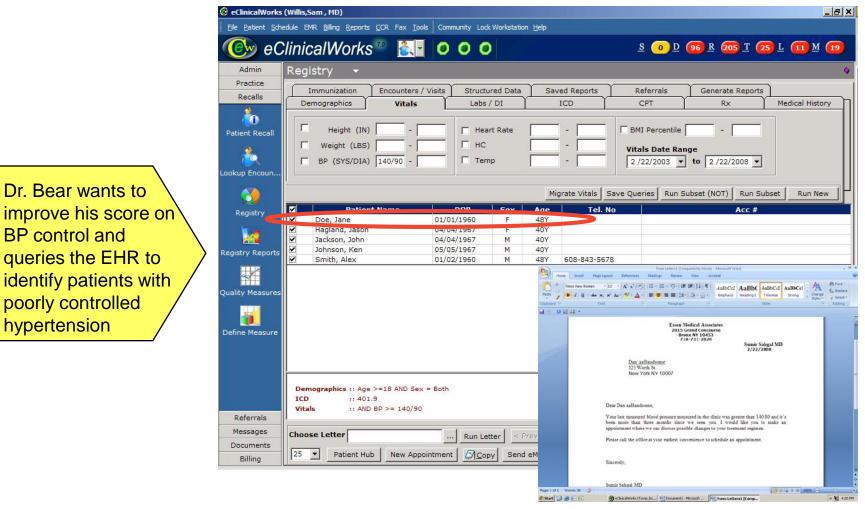


1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		



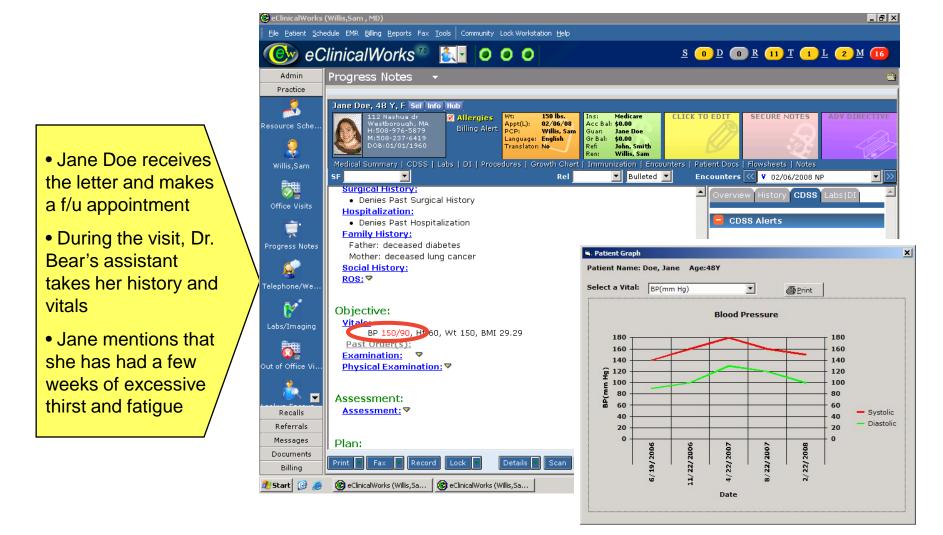
Using the **QUALITY MEASURE REPORTS FUNCTION**, Dr. Bear is inspired by the performance of his peers in managing the blood pressure (BP) of their hypertensive patients; only one-third of his hypertensive patients have achieved good BP control.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		



Using the **ENHANCED REGISTRY FUNCTION**, Dr. Bear identifies five patients with high blood pressure who do not have an appointment scheduled, and reaches out to each patient; he generates a letter scheduling a follow-up visit with patient Jane Doe.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS	
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health	



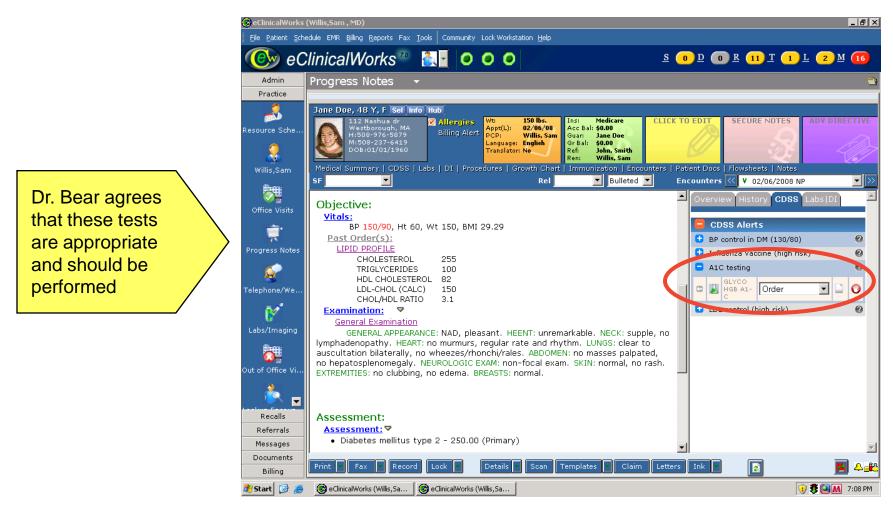
Jane's blood pressure is elevated (150/90) and highlighted in red by the **AUTOMATIC VISUAL ALERT FUNCTION**. Dr. Bear can trend her BP over time.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		



Based on Jane's new diagnosis of diabetes, the **CLINICAL DECISION SUPPORT FUNCTION** identifies four preventive care services that should be performed. This list of services is automatically populated in the CDSS panel.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		



Dr. Bear uses the **QUICK ORDER FUNCTION** to order an HbA1C test for Jane, as well as a flu vaccine; the alerts disappear from the panel once they are ordered. Dr. Bear may also choose to suppress alerts, if he deems them unnecessary.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		

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The 1<sup>st</sup> part of the **COMPREHENSIVE ORDER SET** displays a selected list of recommended medications (brand & generic) for lipid control.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS	
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health	

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The 2<sup>nd</sup> part of the **COMPREHENSIVE ORDER SET** displays a selection of recommended labs, immunizations, follow-up appointments, referrals as well as printable physician and patient education materials.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		

• Dr. Bear wonders if he should change Jane's medication regimen to better control her lipids and wants know what medications have been filled by her in the past 90 days

• Jane has signed a consent form to give the provider access to her medication history

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Since Jane is a Medicaid patient, Dr. Bear can use the **eMedNY FUNCTION** to view her 90-day medication history. He notices that Jane has not filled her lipid medication (simvastatin) for the past three months; she admits that she has stopped taking them because she wondered if her tiredness might have been due to these pills.

1. Measure Reports	2. Enhanced Registry	3. Automatic Visual Alerts	4. CDSS		
5. Quick Orders	6. Comprehensive Order Sets	7. eMedNY	8. CIR and School Health		

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Tim's information has already been automatically uploaded to the **CITYWIDE IMMUNIZATION REGISTRY**. The CIR will maintain a complete record of Tim's immunizations which can be accessed by other providers as needed.

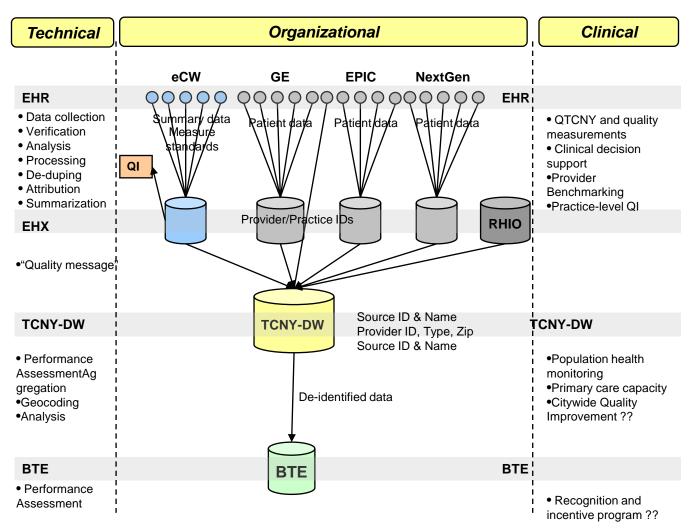
## Other Key Activities

- Quality Improvement Curriculum
  - Organized around Patient Centered Medical Home
  - Monthly on-site visits by QI specialist
  - Automated registries and panel management
  - Core focus on cardiovascular disease prevention
- EHR-Based Recognition and Rewards
  - Clinical quality measures at the point of care
  - Includes all patients, longitudinal pt data, actionable
  - \$3-6 million seed funding by donor
- Linkages to public health
  - Communicable disease reporting and syndromic surveillance





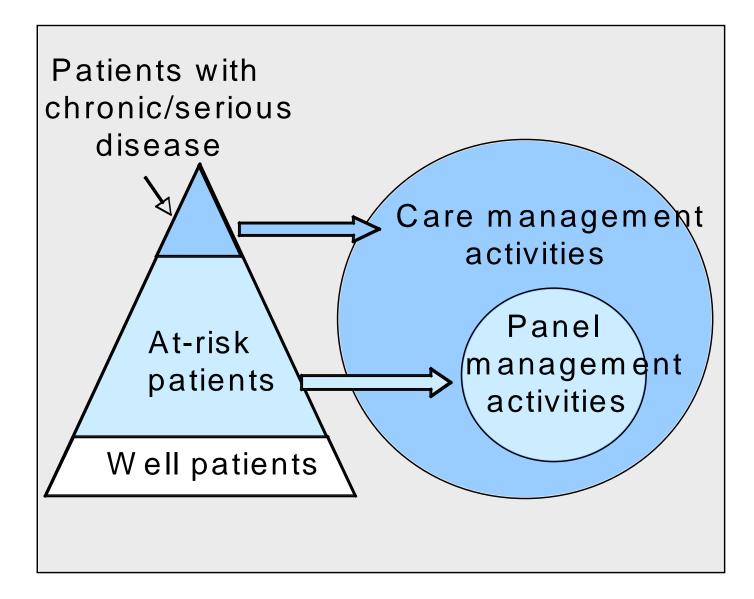
### **Distributed Reporting Architecture**





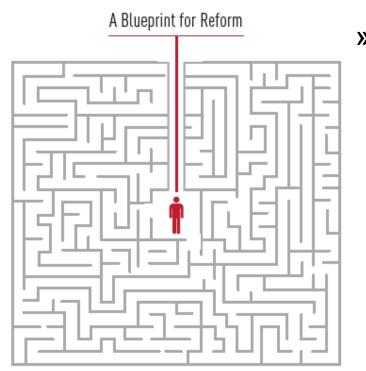


#### **EHR and Population Health Management**



## **Change Is Coming**

#### The Health Care Delivery System

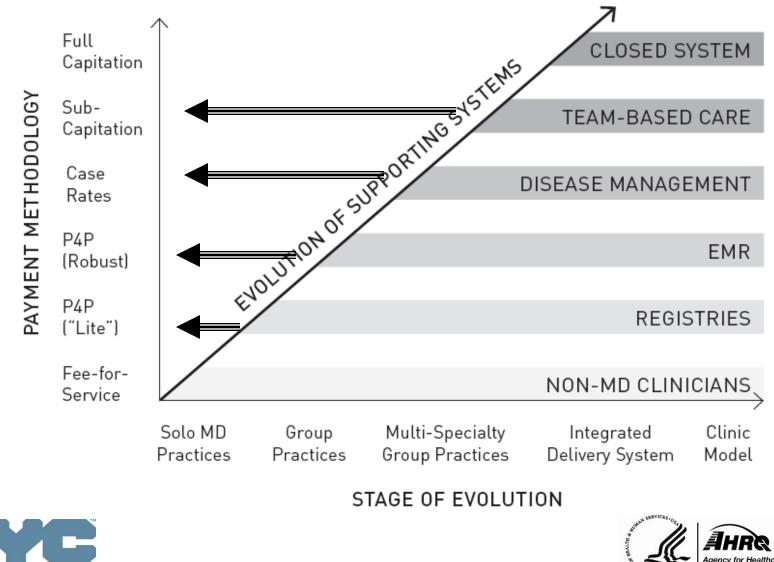


» "The federal government needs to be much more assertive than it has been to promote integration of providers into a variety of potential organizational structures that would better support high quality and improved patient-centered care."





### Health Care Delivery System: Blueprint for Reform (cont'd)

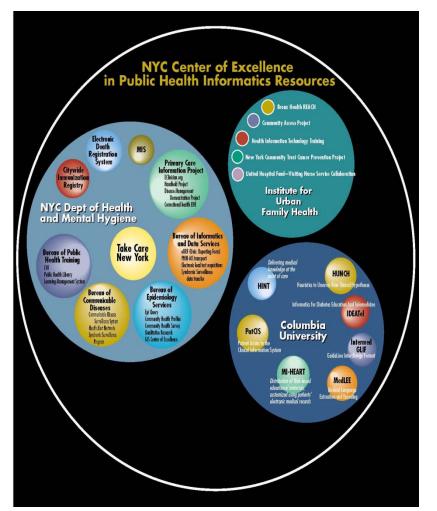


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## Acknowledgement

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- AHRQ "Bringing Measurement to the Point of Care" 1R18HS017059-01







## Thanks!

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Joslyn Levy Lourdes Marte Farzad Mostashari Victoria Njoku Amanda Parsons Jenia Pevzner Kowsilliya Ramnaresh Laura Rosas **Reena Samantaray Robert Sanders** Kate Shanks Jesse Singer Mytri Singh Andrew Snyder **Fiona Somers** Nicholas Soulakis **Remle Stubbs-Dame** Sal Volpe

#### Farzad Mostashari, MD, MSc New York City Dept. of Health and Mental Hygiene fmostash@health.nyc.gov



www.nyc.gov/pcip



## Integrating CDS to Improve Population Health Outcomes: the Indian Health Service Experience

Theresa Cullen, MD, MS Chief Information Officer Indian Health Service





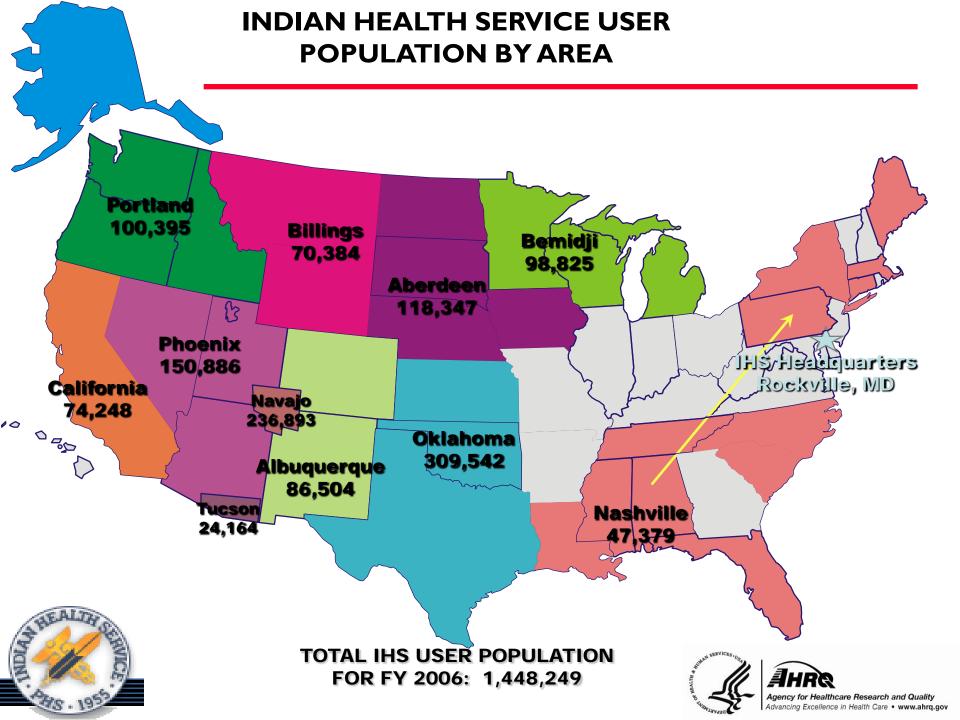
### CDS and Population Health in the IHS

- **HS Health Care**
- Health IT System
  - Integration of CDS
- Measuring Quality

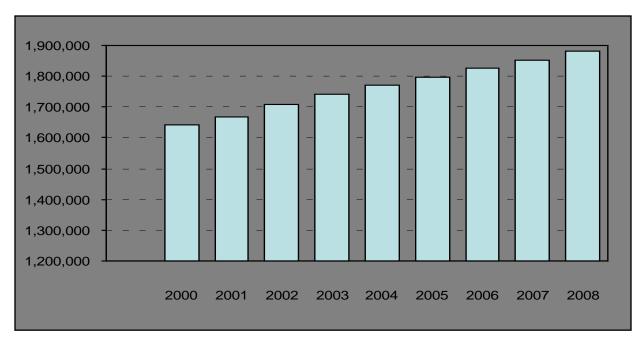
### The Future







### THE INDIAN POPULATION WE SERVE



#### **IHS Service Population Growth**

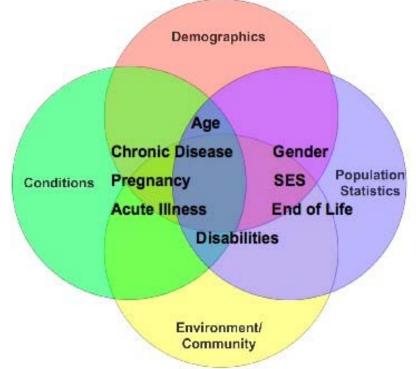
- Average population growth rate since 2000 is 1.8% per year
- 71% high school graduates (80% U.S.) & 10% college graduates (24% U.S.)
- 29% of AI/ANs fall below poverty standard
- Unemployment is 4.0 times the US rate for males and females
- Less than 22% with self reported access to the Internet





### Indian Health Service: a Broader Picture of Health

- Personal Health
- Family Health
- Community Health
- Public Health
- Population Health
- Transparency of Data



>Patient needs based on demographics, environment and community, population data, and conditions





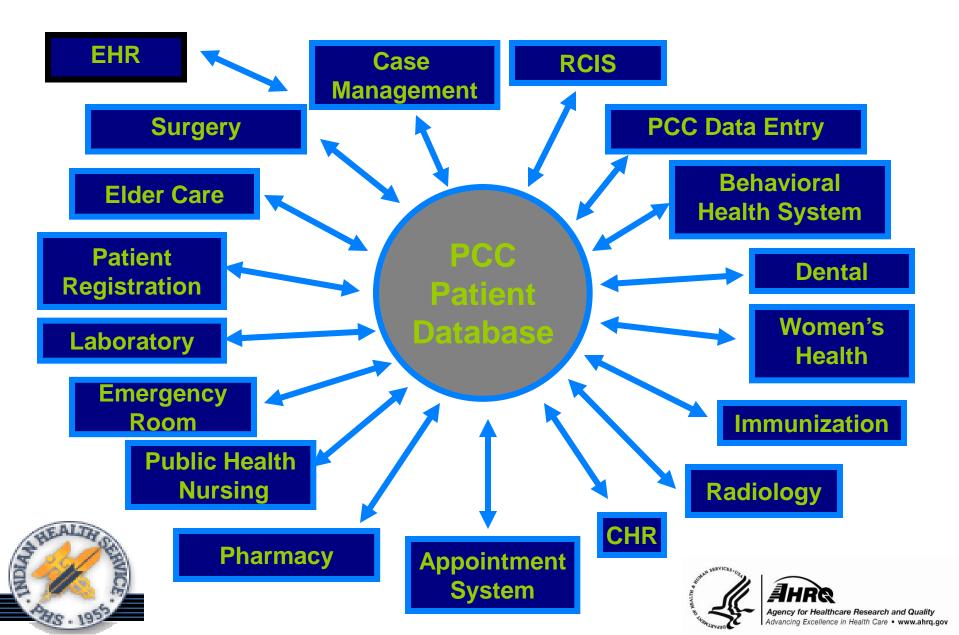
#### IHS Health IT Solution Resource and Patient Management System-RPMS

- A decentralized automated information system comprised of over 60 integrated software applications
- Over 25 years old with a GUI placed 'on the top' in 2003
- 4 major categories of software:
  - Infrastructure applications
  - Practice Management applications (CDS)
  - Clinical applications (CDS)
  - Population / Public Health (CDS)





### **RPMS Integrates Multiple Clinical Systems**



### What we do have? Quality Improvement Tools

#### Clinical Information System

- Standardized quality reports
- Population health reports

#### Clinical system

- iCARE
- Clinical quality (HEDIS, Elder, Patient Education, GPRA)
- Bundled measures/ exceptions monitored/denominator
- On the fly audit with on the fly denominator and numerator defined by end user
- Patient Wellness Handout
- Quality of Care Web Site
  - Includes site specific information
  - Includes patient screening tools and 'questions to ask'- not just information
  - Consistent with patient wellness handout





## **Clinical Decision Support**

- Part of the 'fabric' of RPMS
- Relies upon patient data, appropriate measures, implementation, execution and data evaluation
  - Development of appropriate logic
  - Ability to passively 'push out' changes to the health IT system that are consistent between sites
  - Allows for local modification of any measure through
    - Denominator definition
    - Frequency of reminders
    - Tagging of patients and acceptance or rejection of the 'tag'
  - Standardized code sets/ data dictionary/ metadata registry
    - Clinical Decision Support
    - 'Smart' reminders





## Clinical Decision Support: what is it good for?

- Patient based clinical reminders and their execution
- Tracking reminder compliance/ exceptions, including refusals
- Rapid cycle creation and implementation facilitates evaluation and analysis of innovative changes
- Quality of care report with population health data available at the POC





#### Clinical Decision Support: what we don't have

- Robust differential diagnostic decision-making help
- Ability to embed diagnostic probability based on population data into the decision making process
  - E.g. abdominal pain in a 12 year old AI/AN female in certain tribes is GB disease until you prove that it isn't
- Non traditional determinants of health status and ways to measure and improve the individual measures as well as 'a bundled measure' that matters
  - Literacy/ Barriers to Care (measured in our system)
  - Adverse Childhood Events (developed for implementation)
  - Violence (IPV screening and follow up adequate in our system)
  - Socioeconomic status (yes, but what do we do with it? EITC? Gateway for case management, services, access, etc.)
  - Traditional housing, water, and transportation access





# **iCARE**

- Functionality
  - Comprehensive knowledge management couplers
  - Community health data
  - Population health data
    - Defined Clinical quality for any denominator, as well as defined denominator
    - Comparative health status based on quality measures
    - Access to care





### **Create Patient Panels**

By provider By appointment By register By search By visit date By diagnosis By community By age or gender

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#### **See How Your Panel Meets Outcomes**

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		FAS Prevention 15-44	13	2	15.4%	Maintain	28.0%	25.0%	
		IPV/DV Screen 15-40	13	2	15.4%	Maintain	28.0%	40.0%	
	CANCER-RELATED	Colorectal Cancer 51-80	0	0	0.0%	Maintain	22.0%	33.0%	
		Mammogram Rates 52-64	0	0	0.0%	Maintain	41.0%	70.0%	
		Pap Smear Rates 21-64	0		0.0%	60.0%	59.0%	90.0%	
		Tobacco Cessation	5	0	0.0%	Maintain	12.0%	72.0%	
	CVD-RELATED	Children 2-5 w/BMI =>95%	0	0	0.0%	Maintain	24.0%	Reduce	
		IHD: Comp CVD Assessment	0	0	0.0%	Baseline	N/A	15.0%	
	DENTAL	Dental Access General	24	0	0.0%	24.0%	23.0%	40.0%	
		Sealants		0		Maintain	246,645	N/A	
		Topical Fluoride-# Pts		0		Maintain	95,439	N/A	
	DIABETES	Controlled BP <130/80	9			Maintain	37.0%	50.0%	
		Diabetes Dx Ever*	24					N/A	
		Documented A1c*	9				79.0%	50.0%	
		Ideal Glycemic Control <7	9				31.0%	40.0%	
		LDL Assessed	9					70.0%	
		Nephropathy Assessed**	9					70.0%	
		Poor Glycemic Cont >9.5	9				16.0%	N/A	
		Retinopathy (All Sites)	9				49.0%	76.0%	
	IMMUNIZATIONS	Active IMM 19-35 mos***	0				80.0%	80.0%	
		Influenza 65+	0				58.0%	90.0%	
	OTHER CLINICH	Pneumovax Ever 65+	0				74.0%	90.0%	
	OTHER CLINICAL	Prenatal HIV Testing	0		1		65.0%	95.0%	
ther National easures	CANCER-RELATED	Tobacco Use Prevalence	4	0			N/A		
		Tobacco Assessment 5+	24	4	16.7%		TBD	N/A	
	CVD-RELATED	20+: With Normal BP	0	0	0.0%	N/A	N/A	N/A	





#### See How Well Individual Patients Meet Outcomes

e <u>E</u> dit <u>N</u> a	atl Measures <u>T</u> ools	Window Help					Quic	k Patient Sea	arch:				E
)iabetic T	eens										Total	Patients	= 24
emo pane	1					1	Patien	tListLast	Upda	ated: N	lov 01, 20	007 01:20	P
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Patient Li	st Flags Remin	ders Demi	nders Aggr	enated Nal	tl Measure	MaH	Aggreg	ated					
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ossary Co	ppy Patient(s) Layout	National Pe	erformanc	e Measures da	ata from Cl	RS 2007 c	urrent	as of: Oct 2	27,200	07 01:3	4 AM		
₩ ∆ů	Patient Name V-P	HRN ⊽+	G	DOB V+	Age ⊽+Þ	Documen		Controlle	7₽	LDL A	sse_ ⊽+	Next Ap.	
	BETA,FOUR	141414-DH 134538-DIH 134540-UBA	м	Jul 06, 1991	16 YRS	NO		NO	6	NO			
-	ETA,ONE	221213-DH	F	Jun 05, 1991	16 YRS	N/A	DM: D	Documented A1c* DM: Documented Hgb A1c: Patients diagnosed with documented Hemoglobin A1C lab test in the past y at least one diabetes diagnosis over one year ago					
		134103-DIH 134105-UBA							has dies				
	THETA,FOUR	134103-DIH 134105-URA 221235-DH 133917-DIH 133919-URA	F	May 11, 1991	16 YRS	N/A	at leas			gnosis o	iver one y	ear ago an	
	THETA,FOUR EPSILON,TWO	134105-URA 221235-DH 133917-DIH	F	May 11, 1991 Jul 01, 1990	16 YRS 17 YRS	N/A N/A	at leas	st one diabel	; year.	gnosis o N/A	over one y	ear ago an	
		134105-URA 221235-DH 133917-DIH 133919-URA 181818-DH 131385-DIH	<u></u>		17 YRS		at leas	st one diabel es visits this	; year.		iver one y	ear ago an	
	EPSILON,TWO	134105-URA 221235-DH 133917-DIH 133919-URA 1818-DH 131385-DIH 131387-URA 221212-DH 131091-DIH	F	Jul 01, 1990	17 YRS 17 YRS	N/A	at leas	st one diabel es visits this N/A	; year.	N/A	over one y	ear ago an	
	EPSILON,TWO	134105-URA 221235-DH 133917-DIH 133919-URA 181818-DH 131385-DIH 131385-DIH 131387-URA 221212-DH 131091-DIH 131093-URA 112211-DH 130842-DIH	F	Jul 01, 1990 May 24, 1990 May 15, 1990	17 YRS 17 YRS	N/A NO	at leas	N/A	; year.	N/A NO	iver one y	ear ago an	
	EPSILON,TWO IOTA,ONE ALPHA,ONE	134105-URA 221235-DH 133919-URA 133919-URA 181818-DH 131385-DIH 131387-URA 221212-DH 131093-URA 112211-DH 130842-DIH 130842-DIH 130844-URA 221237-DH 130554-DIH	F F F	Jul 01, 1990 May 24, 1990 May 15, 1990	17 YRS 17 YRS 17 YRS 17 YRS 17 YRS	N/A NO N/A	at leas	N/A N/A N/A	; year.	N/A NO N/A	iver one y	ear ago an	





### **Clinical Reporting System**

- Clinical Reporting System (CRS)- since 2000
  - Automated tracking of clinical performance (over 50 unique measures)
  - Eliminates the need for manual chart audits
  - Used at over 95% of I/T/U facilities (data on 1.5 M)
  - All patients served by IHS direct sites and over 80% of tribally operated health facility users report data







### **Some Measures**

- Prevention
  - Pap, Mammo, Colorectal Cancer, IMM, BMI, tobacco use,
  - Bundled measuresservice delivered
- Treatment
  - Diabetes, CVD, asthma
  - Bundled measurescontrol

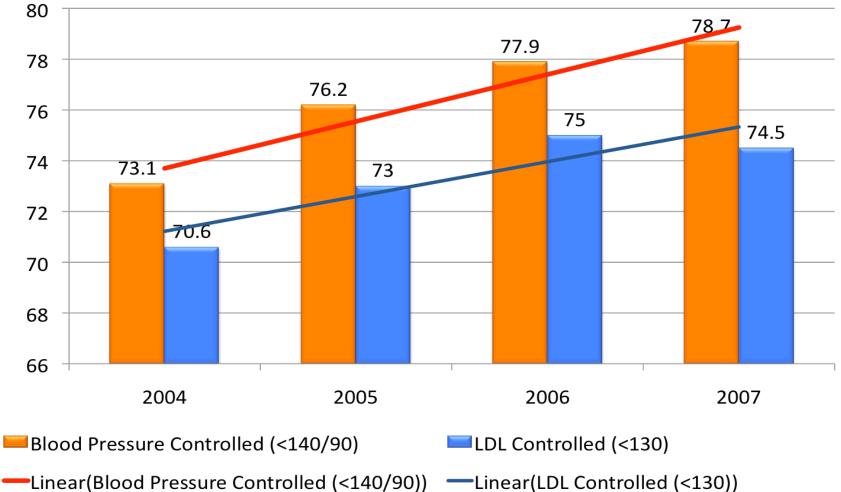


- Depression
- HIV
- Alcohol Use
- Intimate Partner Violence
- Suicide tracking
- Outcome
  - Mortality
  - Injury





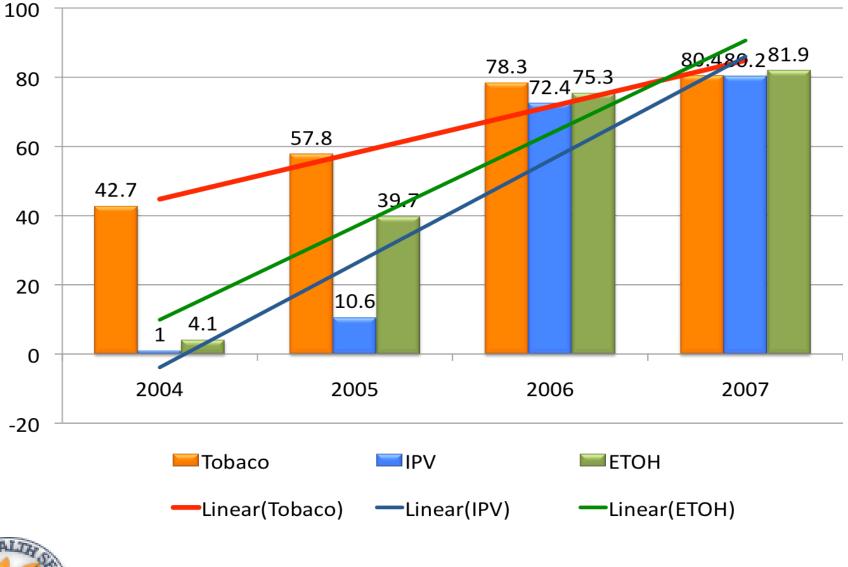
### Facility #1- Control







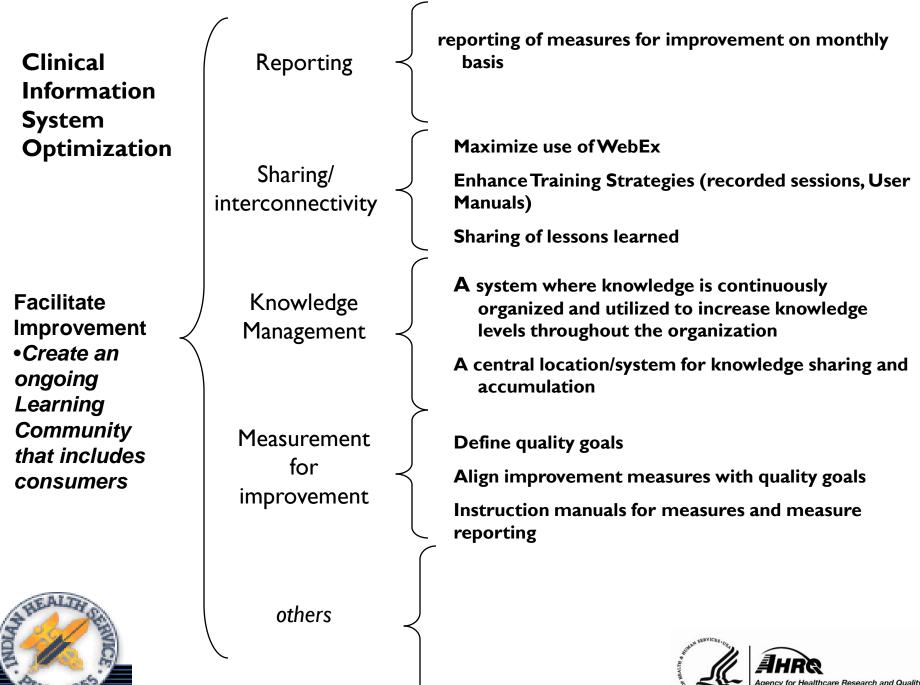
#### **Facility #1- Screening**







Clinical Information System Optimization	Decision Support	$\left\{ \begin{array}{c} \\ \\ \\ \\ \\ \\ \\ \\ \end{array} \right\}$	Reminders: Align and use EHR and Health Maintenance Reminders and quality reports Reports: iCARE/ CRS/ traditional registry applications Decision Making Use Self-management goal setting Access for patient and family to their own data
Day-to-day Function	Care Plan –		Handouts and other education materials readily available Maximize the use of Problem Lists Collaboratively develop a plan of care for each individual that summarizes all pertinent patient info in one place Use patient specific goals and standards
<ul> <li>Proactive Planned Care</li> <li>Optimization of the care team</li> </ul>	System Redesign 🖃		<ul> <li>Utilize RPMS to plan for visits (iCare and reminders)</li> <li>Manage the population proactively – finding groups in need of specific types of care and then delivering that care to them</li> <li>Designated Provider function to manage panels of patients &amp; organize care teams</li> <li>Develop a multidisciplinary team that optimizes the role of each team member</li> <li>Response to reminders</li> <li>Integration of the care team – enhance sharing of info</li> </ul>
HEALTH CENNICE.	Clinical Information System		Case management by Nurses Flow of information to & from systems outside of IHS Improved documentation and input into EHR



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# The IHS Health IT VISION

- The elimination of health inequities, using health IT as a major enabler
- A health care IT system that INTEGRATES family, population, public and community health as a cornerstone of personal health care delivery (not just an afterthought) at the point of care
- Data standards that address the non traditional determinants of health status
- Inclusion of non traditional data information into the traditional patient, provider, family and community perspective







#### Indian Health Service www.ihs.gov



In beauty may I walk. All day long may I walk. Through the returning seasons may I walk. On the trial marked with pollen may I walk. With grasshoppers about my feet may I walk. With beauty may I walk. With beauty before me may I walk. With beauty behind me may I walk. With beauty above me may I walk. With beauty all around me may I walk. In old age wandering on a trail of beauty, lively, may I walk. In old age wandering on a trail of beauty, living again, may I walk. If it finished in beauty,

It is finished in beauty.



DINE' PRAYER



# Thank you!

#### Theresa Cullen, MD, MS Indian Health Service





## **Questions & Answers**

Our Panel:

Farzad Mostashari, MD, MSc, New York City Department of Health and Mental Hygiene

Theresa Cullen, MD, MS, Indian Health Service

AHRQ National Resource Center for Health Information Technology



# Coming in January! Our Next Event

# Fourth and final teleconference in our four-part series on Clinical Decision Support

Stay tuned for exact date and time and information on how to register





# Thank You for Attending

This event was brought to you by the AHRQ National Resource Center for Health IT

The AHRQ National Resource Center for Health IT promotes best practices in the adoption and implementation of health IT through a robust online knowledge library, Web conferences, toolkits, as well as AHRQ-funded research outcomes.

A recording of this Web conference will be available on the AHRQ National Resource Center Web site within two weeks.

http://healthit.ahrq.gov



